

CPR/AED Course



Canadian Red Cross

Fact Sheet

i **Includes the latest CPR Guidelines**
This course is designed to provide various levels of CPR training based on the participant's background, needs and interest. A presentation on how to use an Automated External Defibrillator (AED) as well as AED certification is also provided with the course where legislation permits.

Structure	Level A: any individual, Level B: childcare professionals, Level C: professional rescuers*, Level HCP: healthcare providers**
Duration	Level A: 4 hours, Level B: 5 hours, Level C: 6 hours, Level HCP: 6 hours
Instructor	Certified Red Cross First Aid Instructor or CPR Instructor
Completion	100% attendance and 75% min. passing grade at written exam
Certification	3-year certification in CPR Level A,B,C or HCP and AED (where local legislation permits)
Recertification	Level A & B: none available; Level C & HCP: 4 hours

* Police, Firefighters, First Responders, Workplace First Aid Teams, and Lifeguards

** Physicians, Nurses, Paramedics, and Allied Healthcare Providers – RT, OT, PT

Course content

Level A

Covers skills needed to recognize and respond to cardiovascular emergencies and choking for people aged 8 and older

- Adult CPR – one rescuer
- Adult choking
- Barrier devices/pocket masks
- AED where legislation permits

Level C

Covers all CPR Level B course material and includes two-rescuer Adult/Child CPR

- Adult/Child/Baby CPR – one rescuer
- Adult/Child/Baby choking
- Barrier devices/pocket masks
- AED where legislation permits
- Adult/Child 2-rescuer CPR

Level B

Covers skills needed to recognize and respond to cardiovascular emergencies and choking in Adults, Children, and Babies

- Adult/Child/Baby CPR – one rescuer
- Adult/Child/Baby choking
- Barrier devices/pocket masks
- AED where legislation permits

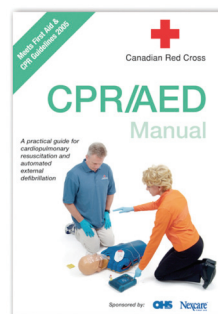
Level HCP

Covers all CPR Levels' course material, plus 2-person Baby CPR and use of a Bag-Valve-Mask

- Adult/Child/Baby CPR – one rescuer
- Adult/Child/Baby choking
- Barrier devices/pocket masks
- AED
- Rescue breathing
- Adult/Child/Baby 2-rescuer CPR
- Bag-Valve-Masks (BVMs)

Take-home materials

- Red Cross CPR/AED Manual
- Certification card and optional wall certificate (or as required by legislation)



4-colour manual

Participant-focused size and design (content presented through charts, lists, illustrations and photos)

www.redcross.ca/firstaid | 1.877.356.3226